

## CURSO COMPLEMENTARIO. Evidencia 1

|   |   |   |   |   |   |   |   |   |   |   |   |   |
|---|---|---|---|---|---|---|---|---|---|---|---|---|
| R | E | W | E | W | Q | A | S | D | F | Q | R | J |
| E | D | I | T | A | R | S | F | F | T | Y | U |   |
| J | E | R | C | I | C | I | O | F | T | N | B |   |
| D | S | R | F | R | F | C | E | G | T | N | A |   |
| F | T | F | G | T | G | O | J | B | T | N | I |   |
| G | R | V | T | E | J | L | U | N | T | N | L |   |
| E | G | E | D | Y | S | I | O | G | M | G | A | A |
| F | G | S | A | L | U | D | G | A | K | T | T | R |
| G | J | U | N | U | E | H | I | R | I | G | R | O |
| R | U | U | S | J | N | G | A | A | D | R | L | O |
| T | R | M | I | B | O | C | C | L | F | F | C | O |
| Y | R | H | E | G | Y | E | V | K | G | O | I | I |
| U | E | H | D | D | U | E | B | U | H | I | C | U |
| I | R | N | A | S | Y | E | N | Y | J | S | I | U |
| T | R | B | D | T | U | E | M | G | E | A | B | Y |
| R | O | T |   | Y | U | R | I | V | R | N | N | T |
| A | C | T | I | V | I | D | A | D | T | M | N | R |
| N | W | U | G | I | R | E | M | O | C | I | O | N |
| Q | R | U | D | D | T | P | E | D | T | G | N | T |
| U | H | Y | F | A | Y | R | R | R | F | N | N | R |
| I | F | T | G | S | P | E | Y | Y | G | N | J | T |
| L | V | R | H | A | O | S | N | A | D | A | R | D |
| I | N | U | J | N | O | I | Y | E | B | K | J | R |
| D | R | Y | K | A | I | O | U | D | B | Y | J | Y |
| A | R | U | L | T | U | N | I | O | B | H | J | U |
| D | T | Y | L | T | Y |   | P | I | B | N | K | J |
| A | M | O | R | P | R | O | P | I | O | F | G | N |

Mente ✓  
 Bicicleta ✓  
 Amor propio ✓  
 Nadar ✓  
 Vida Sana ✓  
 Correr ✓  
 Depresión ✓  
 Ansiedad ✓  
 Sueño ✓  
 Psicología ✓  
 Estrés ✓  
 Bailar ✓  
 Actividad ✓  
 Tranquilidad ✓  
 Bicicleta ✓  
 Gimnasio ✓  
 Jugar ✓  
 Ejercicio

CONDICIONES EXTRA. DE  
VIDA SALUDABLE